



MON-B08 A Call to Action for Healthy Communities: Allied Organizations Collaborate

Monday, October 23 at 10:00am - 11:30am

Overview:

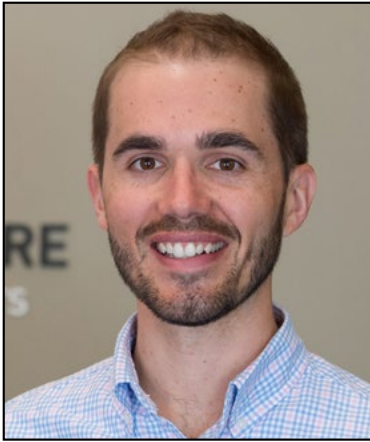
From planning to the design of buildings and landscapes, creating healthy living requires multisector collaboration. In 2017, a partnership of numerous organizations representing the built environment and public health professionals advanced a call to action for healthy communities. Join professional leaders as they present the nuances of building healthy communities, collaboratively.

Learning Objectives:

- Learn about the joint Call to Action for Healthy Communities, and how each organization considers health.
- Understand the relationship across professional disciplines involved in planning, designing, and building healthy communities.
- Identify tools and resources for planning, designing, and building healthier communities.
- Learn key qualities of a healthy community and the partners essential to delivering those qualities.

Notes:

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Shawn Balon, ASLA, PLA
Career Discovery and Diversity Manager
American Society of Landscape Architects

Role: Moderator
Contact Info: sbalon@asla.org
Web: www.asla.org

Bio: Shawn is Career Discovery + Diversity Manager at the American Society of Landscape Architects in Washington, DC. He develops and manages the society's efforts to increase awareness of landscape architecture as a career path to diverse student groups. He previously developed and directed Professional Practice Network (PPN) programs, provided counsel and support to members, and served as liaison for a variety of programs within ASLA and allied organizations. Shawn's experience as a Landscape Architect, Adjunct Professor, and Project Manager has also aided him in achieving a variety of success in both educational and design environments.

Promote Healthy Communities Joint Call to Action



**PARTNERING TO
IMPLEMENT THE JOINT
CALL TO ACTION**

The organizations involved in this Joint Call to Action represent many, but not all, of the individual practitioners who contribute to creating healthy communities. We encourage our members to partner with members of other organizations to facilitate the creation of healthier environments and to make health a primary consideration in land use, design, and development practice.

For members of the American Institute of Architects, American Planning Association, American Public Health Association, American Society of Civil Engineers, American Society of Landscape Architects, National Recreation and Park Association, U.S. Green Building Council, and Urban Land Institute.

THE IMPERATIVE FOR HEALTHIER PLACES

Where we live, work, and play has a major role in shaping our health. Rates of chronic diseases attributable to the design of the built environment—including obesity, diabetes, heart disease, and asthma—are on the rise. The built environment also has direct and indirect impacts on mental health, including depression and anxiety. This is true for everyone, but is felt even more among vulnerable populations, who are less likely to have access to nutritious, affordable food and opportunities for physical activity and are more likely to be exposed to environmental pollutants and circumstances that increase stress.

Addressing growing health challenges and inequities requires new partnerships and collaboration between built environment and public health practitioners, and a health-focused approach to landscapes, buildings, and infrastructure. As signatory organizations to this Joint Call to Action, we encourage our combined 450,000 individual members to embrace collaboration across professions to promote healthier, more equitable communities. When professionals in the fields of the built environment and public health work together, we multiply our potential to improve health.

We, the signatory organizations, challenge our members—comprising architects, urban planners, landscape architects, developers, engineers, and professionals from public health, parks, and green building—to do the following:



Joint Call to Action to Promote Healthy Communities
asla.org



ASLA Center for Landscape Architecture
asla.org/center



ASLA iAdvocate
advocate.asla.org

Health Benefits of Nature
asla.org/healthbenefitsofnature

Designing for Future: Sustainable Landscapes
asla.org/sustainablelandscapes

Resilient Design
asla.org/resilientdesign

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Sara Hammerschmidt, PhD

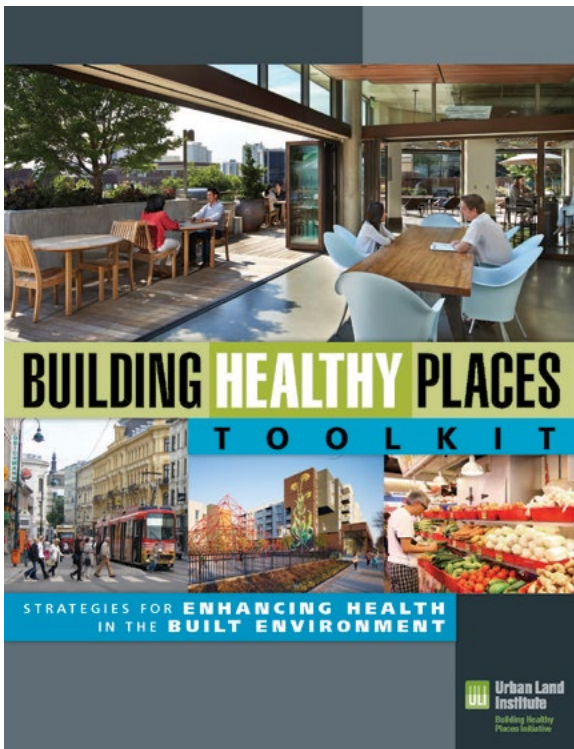
Senior Director, Building Healthy Places Initiative
Urban Land Institute

Role: Speaker

Contact Info: Sara.Hammerschmidt@ULI.org

Web: www.uli.org

Bio: Sara Hammerschmidt is a Senior Director Urban Land Institute, where she develops content and programs focused on the impact of the built environment on public health through the Building Healthy Places Initiative. Throughout her career, Sara has done extensive work on issues that lie at the intersection of health and the built environment. She has spoken at several national conferences on recommendations for incorporating health into all built environment decision making and how urban planning can create healthier cities. Sara holds an M.S. and Ph.D. in Community and Regional Planning from the University of Texas at Austin.



ULI Building Healthy Places Initiatives
americas.uli.org/research/centers-initiatives/building-healthy-places-initiative/

Building Healthy Places Toolkit
bhptoolkit.uli.org/



Living and Working Conditions in Homes and Communities Influence Health

Factors influencing health



Source: Robert Wood Johnson Foundation.

Intersections: Health and the Built Environment
americas.uli.org/report/intersections-health-and-the-built-environment/



Sara Carr, PhD, Associate ASLA
 Assistant Professor of Environmental Design and Public Health
 University of Hawaii at Manoa

Role: Speaker
Contact Info: saracarr@hawaii.edu
Web: arch.hawaii.edu/node/208
<http://www.walksacramento.org/our-work-2/d4as/>

Bio: Sara Jensen Carr, PhD, ASLA, holds a joint appointment in the School of Architecture and Office of Public Health Studies at University of Hawai'i at Mānoa. Her work brings together academics, public agencies, private practice, and community partners towards the shared goal of healthy and resilient public spaces. She is a member of Design 4 Active Sacramento, an advisory council that seeks to improve public health by shaping the built environment to support active transportation, as well as a former urban design fellow at San Francisco Planning and Urban Research (SPUR) and Mellon Fellow at Dumbarton Oaks.



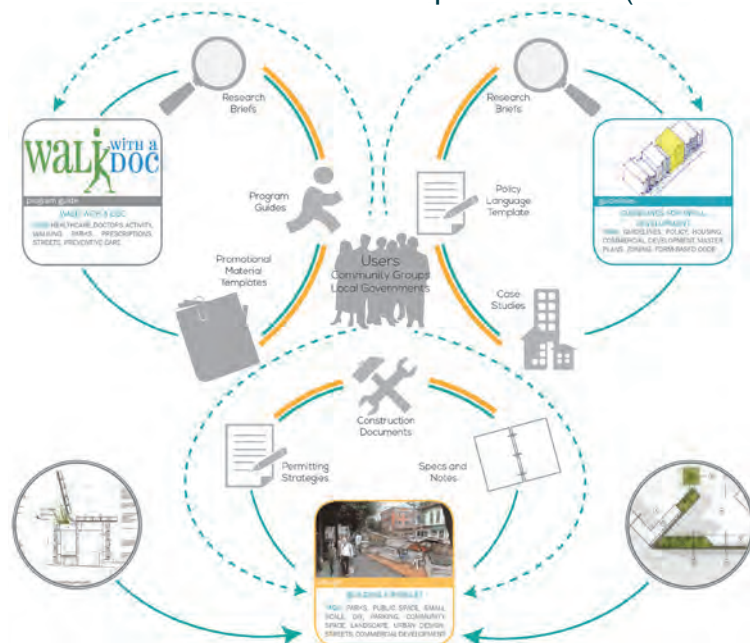
D4AS "Walking Man"



Two Complete Streets (Sacramento)



PEDS Hawaii Survey App



Active Design Exchange

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Jane Futrell Winslow, PhD, FASLA, AICP

Landscape Architect | Urban Planner
JFWinslow | Healthy Planning + Design

Role: Speaker

Contact Info: jfwinslow@gmail.com

Bio: Jane Futrell Winslow, PhD, FASLA, PLA, AICP, is a landscape architect and planner with over 30 years of professional experience throughout the United States, directing multi-disciplinary teams for planning, design, and construction of projects in support of active living and healthy lifestyles. Current work focuses on biophysical and cultural aspects of creating healthy communities, and documenting actionable strategies for promoting physical activity. Jane received a PhD in Community and Regional Planning from The University of Texas at Austin, and a Master of Landscape Architecture from Kansas State University.

Case Studies to Demonstrate the Challenges and Successes of Implementing Green Infrastructure to Promote Physical Activity



An inventory of green infrastructure components are examined for multi-functionality, connectivity, and integrity to promote health in terms of physical activity. Field audits, plan reviews, and interviews with project participants highlight the challenges and successes of these multi-phased mixed use projects in meeting health goals.

Lowry, an 1800+ acre mixed use development in Denver, Colorado



Mueller, 711 acre mixed use project in Austin, Texas